



X10 news

Balbardie & Grange Archers Newsletter

February, 2005 Volume 3, Issue 1

UPCOMING EVENTS



Some of the dates below are unconfirmed, and will remain so until the entry forms come in.

2005

February

- 6th SAA EGM (Cluny)
- 13th Portsmouth – Wishaw
- 16th Balbardie AGM
- 20th SAA Champs. (Cluny)
- 27th Lochside Portsmouth & "fun" head-to-heads

March

- 6th Worcester – Lasswade
- 13th Northern Area Champs

April

- 17th Andrew McKay Memorial Clout - Ayr

May

- 1st Kilwinning York / Hereford
- 8th Glamis York / Hereford
- 15th Ayr FITA
- 21/22nd Dbl FITA Star & EA Champs - Penicuik

More to follow...

See:

www.scottisharchery.org.uk

for more information about upcoming shoots, copies of results and much more news and information about the Scottish archery scene.

Hot off the press

September 2003 – that's the date of the last Newsletter, and I've finally got enough to say to create another!

I've tried to include as much information as I can think of within this newsletter, but PLEASE, if you have any news or information relevant to either club which could be published here, please let me know.

You can read previous versions on the club website www.archeryclub.co.uk - under the Balbardie/downloads section.

Look out your wellies!

As you can see from the list on the right, the outdoor shoots are looming (or am I just being too keen??). See previous issues for details on the kind of outdoor clothing you might need when we go outdoors in a couple of months!

Club Colours

As some of you may have seen in the recent Archery UK, Balbardie now has its own club colours, specifically, Burgundy tops. We have a club badge, and we've got some prices for tops with embroidered badges. If anyone is interested, please let us know and we'll get final prices once we know the quantities. Costs were varying from £15 upwards.



The new ruling means that we can wear club colour tops at competitions rather than the usual Green or White. Trousers/skirts must still be green or white however.

W.W.Website



The more astute of you will have noticed that the club website has changed over the last few months... there is now a for-sale section and a books/videos section (more on this later). Keep looking back for more new features!

Books and Videos

There are a range of books and videos in our cupboards, so we decided it would be good to give everyone the opportunity to rent them for a small fee (which will go towards buying more stock). Some of these belong to the club, but most belong to Hazel and Murray personally.

We thought £2 for two weeks... do you think that's reasonable?

Books:

- * Understanding Winning Archery
- * The Simple Art of Winning
- * Archery Shot Execution: A Total Muscle Control Approach
- * Precision Archery
- * Archery Anatomy
- * Native American Bows, Arrows & Quivers
- * The Archer's Craft
- * Archery – steps to success

Videos:

- * Tuning, Practice and Execution
- * Advanced Form, Perfecting the Shot
- * Archery's Most Asked Questions
- * The Winning Edge
- * Archery: Refining your form
- * Bullseye Archery
- * Archery: It's History and Forms

More details and terms and conditions are on the website.



Child Protection

In order to ensure we comply with the requirements of the Child Protection (Scotland) Act 2003, the club committee is currently reviewing a Child Protection Policy which will hopefully be ratified at the upcoming club AGM. We will also, at that time, nominate a Child Protection Officer (CPO).

Volunteers for the position of CPO are requested

We hope that we will never need to make use of such a policy, but we already have four members who have attended "Good Practice and Child Protection" and are in the process of getting our coaches who work with the kids checked via CRBS (disclosure Scotland).

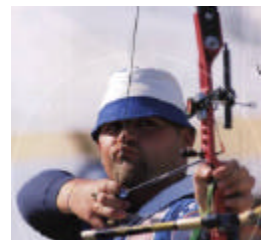
If anyone feels that any member is behaving in an unacceptable manner to any other member (child or not), please talk in absolute confidence to Murray or Hazel until such times as we have a formally appointed CPO.

AGM

As Paul has already pointed out in his recent handouts, the club AGM will be held on the 16th of February at Bathgate Community Centre. **The support of the club membership would be appreciated.** It's usually fairly quick, fairly informal and fairly painless!

Postal League

Please remember to get your Portsmouth Scores to Murray for the Postal League each month. Currently, the Recurve team is sitting in 4th place in Division 1, the Compound A team is in 4th place in Division 1 and the Compound B team is in 3rd place in Division 2



Cluny Shop Closed Temporarily

Chiltern Archery have had to close their shop at Cluny Clays temporarily, due to a lack of staff! However, the shop will be open during the upcoming Scottish Championships.

Training Days

Two training sessions have provisionally been booked for the 12th and 26th of February, both Saturdays, at the Grange Community Centre in Brightons, near Falkirk. **For insurance reasons, this is for full club/GNAS members only I'm afraid.**

The sessions will be setup at 9am and will finish around 1pm. Cost will be £1 for Grange members, £3 for non-Grange members. There is a hot water urn, so feel free to bring tea bags/coffee/flask and snacks.

We hope to cover as much as you want us to in the time available. Some thoughts on sessions are:

- video/DVD show of world class archers
- bow setup/tuning
- form videos – bring your own VHS tape
- stringmaking/string/nock/arrow repair
- introduction to outdoor shooting
- general discussion on any other aspects of archery, e.g. psychology, relaxation, nutrition, etc.

To get there, Travel along the M9 and leave at Junction 4. Take the turn off at the roundabout for Polmont (A803). Follow this road into Polmont and take the first left at the mini-roundabout.

This road is the B810 and will take you past the Railway station.

Follow this road till you reach the next junction and turn right. Go Straight across at the next round-about and you'll pass the entrance to the Young Offerenders Institute on the left. The Grange community Centre is on the right just past the sign for the Institute.

Please let me know if you can make it
- Murray

For Sale

RH WinAct Bow Handle (25inch) incl. button & rest	£125
WinAct Carbon Limbs 36#	£140
Genesis stabiliser	£40
AGF Twins	£35
V-bar	£15
Pop-A Bivy	£35
Negrini Case 78x28x16	£40
Longshot Quiver	£12
Neet T100 Quiver	£12

Ideally, would like to sell the above as a single lot, but may split

RH PSE Supra Compound (50 lbs)	£200 (mint)
Toxonics 3515	£60 (mint)
Beiter scope	£40 (mint)
Flambeau hard case	£25 (mint)

Ideally, would like to sell the above as a single lot, but may split

RH Win+Win Trigger bow(white) 66" 24#	£50
Arten R10 deluxe sight	£20
RH Rolan 66" 20lbs (blue)	£50 (mint)
X7 eclipse arrows (11) 1914 length - to be specified	£35
Jazz arrows 1516 (12) length - to be specified	£25

Seller: Ewan McFarlane (01324 713503)

How we did last year

1st places: 10, 2nd places: 6, 3rd places: 5, 90m medals: 1, 70m medals: 1, 50m medals: 2, 30m medals: 1

The best tally of medals on record...in fact a record year in many ways for the clubs – 70 Personal bests were shot throughout the year, and numerous club records. David achieved Master Bowman, Hazel, David and Josie all represented Scotland, and very successfully too, trouncing the opposition on several occasions. Hazel achieved two MB scores this year. David, Hazel, Josie, Murray and Willie have all been invited to Scottish Senior Squad (5 club members out of 14 in a total Senior Squad of 26 can't be bad!!)



Scottish Rankings: Murray (gents recurve) – 7th. David & Willie (gents compound) – 5th & 10th, Josie (ladies compound) – 5th, Hazel (ladies recurve) – 4th.



British Rankings: Murray – 34th, David – 51st, Josie – 31st, Hazel – 33rd